

Version	Approval Date	Details	Approved By	New Review
1	pending	New	School Board	

Student Wellbeing Policy

Rationale

The primary responsibility of the School Principal is to ensure systems are in place to promote and support the health and wellbeing of students when at school or involved in school activities.

Learning and wellbeing are intricately linked – students learn best when their wellbeing is optimised, and they develop a strong sense of wellbeing when they experience success in learning.

The [wellbeing-for-learning-and-life-framework.pdf \(education.sa.gov.au\)](https://www.education.sa.gov.au/wellbeing-for-learning-and-life-framework.pdf) supports IQRA College with creating positive school cultures and embedding student wellbeing in all aspects of school life through connecting the learning environment, curriculum and pedagogy, policies, procedures and partnerships for learning and life.

IQRA College aims to demonstrate an explicit commitment to wellbeing and to communicate this commitment to the school community.

Learning Environment

A safe learning environment covers the physical and cyber spaces students engage in for school activities. IQRA College develop school wide rules and consequences in collaboration with the school community. A positive learning environment supports students' personal and social development and staff wellbeing. Schools provide rich learning environments that are open, respectful, caring and safe.

Curriculum and Pedagogy

Schools build the foundations for wellbeing and lifelong learning through curriculum embedding [personal and social capabilities](#) (self-awareness, self-management, social awareness and social management) in the implementation of the [Personal and Social Capability | The Australian Curriculum](#).

As part of the whole school's curriculum, schools provide age-appropriate drug and alcohol education that reinforce public health and safety messages; HIV, Hepatitis C and sexuality transmissible infections education as part of a broader sexuality and relationships education program; and ensure CPR for Life in schools skills training is provided to all Year 10 and 12 students. Schools acknowledge the positive impact that a meaningful relationship between teacher and students can have on students' academic and social outcomes. Schools enact a pedagogical framework that reflects the Pedagogical Framework expectations and principles.

Policy and Expectations

Within a school community there are specific health and wellbeing issues that will need to be addressed for the whole school, specific students, or in certain circumstances.

Sun Safety

Ensuring students and staff are [protected from the harmful effects of the sun](#) is important for IQRA College. The school has a wet and hot weather policy as a guide for teachers and staff. The strategy includes planning considerations for outdoor activities to reduce, as far as practicable, time spent by students in the sun between 10am. The College provide SPF 30+ (or more) broad-spectrum water-resistant sunscreen for students to use and students are encouraged to bring one that they prefer from home. The entire school community has a part to play in sun safety.

Unless the Principal or Deputy Principal determines that the school must temporarily close due to a disaster or emergency situation, the College remains open and students are not sent home during periods of excessive heat or heatwave conditions.

If the ambient temperature is between 31 and 35 degrees Celsius and the relative humidity is over 50%, planned vigorous, sustained physical activity should be limited in intensity or duration to less than 60 minutes per session. If the ambient temperature is over 36 degrees Celsius and the relative humidity is over 30%, planned vigorous, sustained physical activity should be postponed to a cooler part of the day or even cancelled.

Drug Education and Intervention

IQRA College implement [drug education and intervention measures](#) for students involved in drug-related incidents at school or during school activities.

IQRA College manages illicit drug-related incidents in line with the College Student Code of Conduct within the Positive Behaviour Framework to protect the health and safety of the student/s involved, other students, school staff and the wider community.

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Physical Activity in School

Schools provide opportunities for students to participate in structured and unstructured [physical activity](#) during school time to support health and wellbeing.

Road safety

IQRA College implement a cooperative approach regarding [road safety initiatives](#) in and around the College that promotes safe road user behaviour, reinforces the road safety messages, and as much as possible protects students against risk of injury or harm associated with road use.

IQRA College record road safety incidences that occur in the immediate vicinity of the school in the school system to enable monitoring and tracking of issues.

IQRA College work in partnership with the school community to enable safe and responsible travel of students travelling to and from school and through communication with parents and scheduled traffic supervision during school peak hours.

Health Conditions and Medications

Health support needs

IQRA College ensure students with [health support needs](#), including those requiring specialised health procedures, have access to a reasonable standard of support whilst attending school or school-based activities. This means that appropriate health plans are developed and followed, that staff are aware of the individual student's health support needs and that staff have been trained to support the student.

IQRA College require medical authorisation from the student's prescribing health practitioner and written instructions from the parent to administer any medication to students (both prescription and non-prescription).

For students with a long-term health condition requiring medication, parents need to provide the school with a request to administer medication at school.

IQRA College maintains a minimum of one adrenaline auto-injector and asthma reliever/puffer, stored in the school or campus first aid kit to provide emergency first aid medication if required.

Contagious conditions

In the event that a child at IQRA College is found to have a [contagious condition](#) or is suspected of having one, schools take action in accordance with the [Public Health SA](#) and comply with directions from the Public Health Medical Officer (PHMO) at the Public Health Unit.

Mental health

IQRA College implement early intervention measures and treatments for students where there is reasonable suspicion that a student has a [mental health difficulty](#). This includes facilitating the development, implementation and periodic review of a Student Plan.

Suicide

Suicide prevention

School staff who notice suicide warning signs in a student should seek help immediately from the Wellbeing Coordinator, Chaplain, Counsellor or School Leadership Team.

When dealing with a suicidal or mental health crisis, IQRA College will call 000 when there is an imminent threat to the safety of student in the first instance, and where necessary provide first aid. In all other situations, IQRA College follow suicide intervention and prevention advice by ensuring:

- the student is not left alone
- their safety and the safety of other students and staff is maintained
- students receive appropriate support immediately
- parents are advised
- all actions are documented and reported.

Suicide postvention

In the case of a suicide of a student that has not occurred on school grounds, schools enact a postvention response, by communicating with the family of the student and ensuring immediate support is provided to students and staff who may be affected.

Where a suicide has occurred on school grounds or at a school event, IQRA College immediately enact the School Emergency Management Plan and communicate with the family of the student and ensure immediate support is provided to student and staff who may be affected.

The presence of [head lice](#) is a very common childhood condition. The detection and treatment of head lice in students' hair is the responsibility of parents. If head lice are evident, schools will notify parents to check their children's heads and to treat head lice if found. Teachers will aim to minimise head-to-head contact of students during school activities to reduce transmission of head lice.

Partnerships

Schools facilitate collaborative and productive partnerships with and between students, teachers, parents and carers, support staff and community groups, and engage a range of school-based services and external agencies to support the health and wellbeing of students and their families.

Relevant Policy and Documents

Anaphylaxis Management Policy

Bus Policy

Child Protection Policy

Medical Risk Management Policy

Positive Behaviour Policy

Self-Injury Response and Intervention Policy

Suicide Prevention Policy

Wet and Hot Weather Policy